



Climbing Federation of Russia

Department of physical culture, sports and tourism of the Administration of
Yekaterinburg
Children's Olympic Reserve School of Mountaineering Sports of Yekaterinburg
Youth Mountain Club "Voskhozhdenie"

INTERNATIONAL YOUTH ROCK CLIMBING AND MOUNTAINEERING FESTIVAL "EUROPE – ASIA 2009"

"Youth climbing without borders"

20/07/09 – 03/08/09



**Is approved by President of the
Climbing Federation of Russia
Dmitriy Bichkov**

**Is approved by the
UIAA YC representative of
Climbing Federation of Russia
Alexander Klenov**

The Western Caucasia. Russia

2009

A SHORT GEOGRAPHICAL INTRODUCTION

Western Caucasia is the very interesting and widely known mountaineering region. There are many rocks faces and mountains. The beginning of our festival we will spend near village Guamka (about 45 km from Apsheronk, Krasnodar region and about 150 km from Krasnodar city). There was Russian climbing festival in 2008. There are many interesting rocks and routes (about 50) of the different category of difficulty up to 7c+ according to French classification. After training and climbing on the rocks of Guamka we will come to the bottom of a mountain named Fisht (2947 m) (about 40 km from Guamka). Fisht is located in Caucasian Mountain Ridge (Western Caucasia). On the top of Fisht there are some interesting mountain routes of the different category of difficulty from 1 to 5a (the routes are categorized according to Russian mountain classification system). The participants of festival will do some ascents to the top of Fisht appropriate to their experience, skills and abilities.

Further all of participants will go to the sea to the village Dagomys for the rest near the Black Sea.

The festival will be for those who like rock climbing, adventures and nature.

Dear young people!

If you come to our Festival you will get opportunities:

- to climb on the fantastic rocks;
- to ascent on the interesting peak of Caucasia;
- to get to know the cultural and historical monuments of Western Caucasia;
- to meet new friends and get to know about the life of different nations.

The UIAA Global Youth Summit, The Climbing Federation of Russia, Children's Olympic Reserve School of Mountaineering Sports of Yekaterinburg, Youth Mountain Club "Voskhozhdenie" invite young people to participate in International Youth Rock Climbing and Mountaineering festival "Europe – Asia 2009".

- Date: 20 July – 03 August 2009
- Place: The rocks area surrounding v. Guamka, mountain Fisht (Western Caucasia), Russia.
- Participants: Ages 18-25 years old. Highest possible number of foreign participants is about 20. It is compulsory to have a vaccination against the encephalitic tick.
- Highlights: "School of the beginner rock climbers", rock climbing, training, mountaineering, ecological actions, songs, excursions, meetings friends
- Accommodation: Refuges, tents
- Meals: Full board
- Transfers: By bus, by train, on foot according to the program
- Guides: Guides of the children's Olympic Reserve School of Mountaineering Sports of Yekaterinburg
- Equipment: the list of equipment is attached
- Arrival: July, 20th. Participants will be met by representatives of the organizing committee at the Krasnodar's airport or at the railway station of Krasnodar.
- Departure: 03 August
- Price: **250 EURO** N.B Krasnodar is the start and finish point of Festival. 250 euro is the price for whole Festival from arrival at Krasnodar airport to departure from this airport or the railway station).

Registration term: Before 20 June, 2009. Please send the applications to the below:

**Primerov Vitaly, Children's Olympic Reserve School of
Mountaineering Sports of Yekaterinburg,
28b, Moskovskaya str., Yekaterinburg, Russia, 620014**

**Россия, Екатеринбург, 620014, ул. Московская 28б, СДЮСШОР
горных видов спорта, Примерову В.П.**

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Festival Program

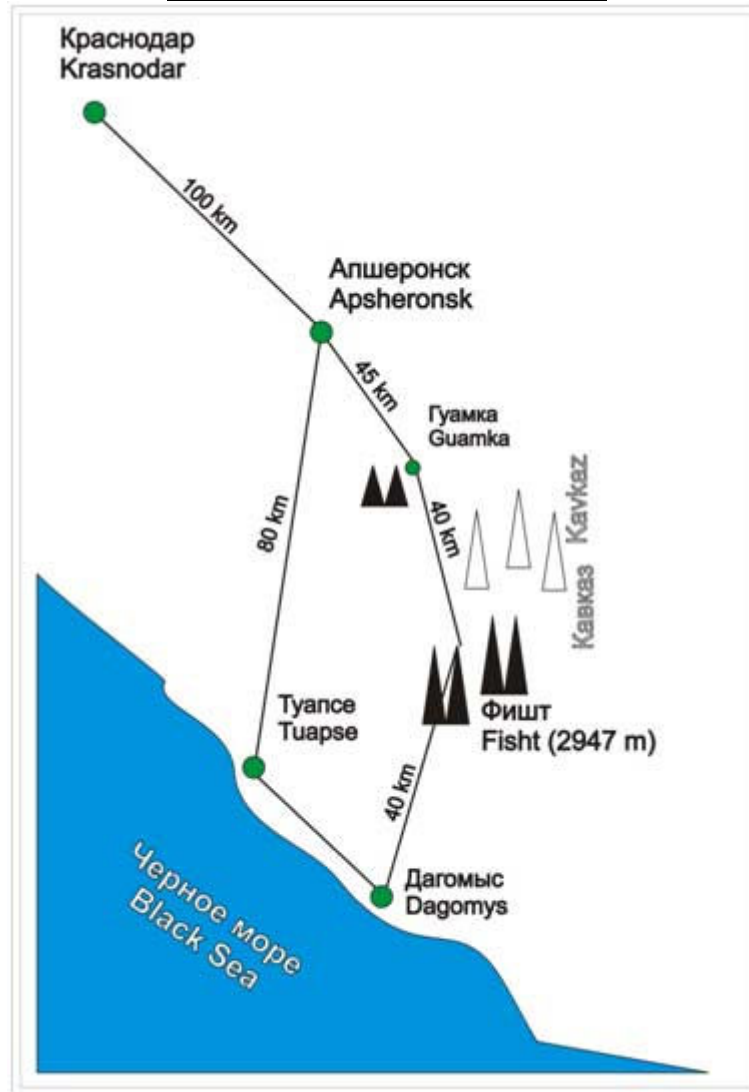
July 20 th	Arrival to Krasnodar *. Transfer to Guamka by bus. Organizing the tent camp. In the evening: the official opening of the Festival.
July 21 th	Opening of the practical course “Skills of safety during rock climbing”. Individual training on the routes of different difficulty. In the evening: “Fun evening with friends”.
July 22 th	Climbing in pairs on the routes of different difficulty. In the evening: “Russian banja”(sauna) and alpinist songs at the camp fire.
July 23 th	Interaction between the pairs of mountaineers. Ecological action.
July 24 th ,25 th	Transfer and trekking to the bottom of peak Fisht. (40 km) by bus or cars and on foot.
July 26 th	Organizing the tent camp near the bottom of Fisht peak.
July 27 th	Ascent to the top of the peak Fisht.
July 28 nd	Rest in base camp. In the evening: fun competitions and songs at the camp fire.
July 29 rd	Ascent to the top of the peak Fisht by another route.
July 30 th	Rest in the base camp. In the evening: fancy-dress party.
July 31 th	Trekking from Fisht to v. Dagomys.
August 01 st	Trekking to the Black Sea.
August 02 nd	Rest near the sea and swimming. Party of the closing festival.
August 03 rd	Departure to Krasnodar and then at home.

* Information about travel to Krasnodar.

- 1) the direct flight from your big city to Krasnodar (there is the International airport in Krasnodar). The cost of plane one-way ticket (for example from Zurich to Krasnodar) is from 120 to 220 euro (Aeroflot company).
- 2) the flight from Moscow to Krasnodar (3 flights every day). The cost of plane one-way ticket from Moscow to Krasnodar is from 40 to 100 euro (Aeroflot company).
- 3) by train from Moscow to Krasnodar (22 hours). The cost of train one-way ticket from Moscow to Krasnodar is from 40 to 130 euro.

The detailed information about travel to Krasnodar is on sites: www.rzd.ru and www.aeroflot.ru.

Map of Festival location



Peak Fisht

**International “Youth rock climbing and mountaineering
festival “Europe – Asia 2009”
Russia. The Western Caucasia. Krasnodar.**

Equipment List

1. 2- or 3-man tent
2. Dynamic standard rope for rock climbing 10.5 – 11 mm, length 40-50 m. One rope per 2 people. UIAA standard required.
3. Climbing shoes
4. Climbing harness
5. 3 screw gate karabiners
6. Figure Eight or “Gri-Gri” and belay device
7. Helmet
8. Prussik loops
9. Chalk bag and chalk
10. Rucksack
11. Sleeping bag and kari or other insulating mat
12. 10 quick draws with 2 karabiners
13. Bathing suit
14. Trekking boots
15. Dishes
16. Mosquito repellent
17. Electric torch
18. Passport
19. Purse and money
20. Valid alpine club membership card
21. International insurances for health costs, personal accident, personal liability and travel. Bring a copy of the certificate with you in order to participate.
22. Summer clothes
23. Climbing trousers (long and short)
24. Suitable socks
25. Clothes for rainy, windy and cold weather
26. Water bottle (plastic or special; 1,5 l)
27. (personal) first aid
28. Personal wash kit and towel
29. Personal medication
30. Spare clothes, underwear
31. Ev. social games, books, personal material, exercise-book, pencil, camera, music instruments