

Short summary for the competitor

1. Competitor's duty against the organizer:

- ▶ **Respect the competition schedule** and be ready on time.
- ▶ Attend the **opening and finishing ceremony**, respect national anthems.
- ▶ **Fair play** during the competition; respect **anti doping regulations**.

2. Competition – route preview, isolation

- ▶ **Route preview:**
 - Helmets are obligatory;
 - No climbing;
 - Touching the holds or trying the ice without leaving the ground is allowed;
 - One may use binocular or draw a sketch.
- ▶ **No** mobile phones/cellular or cameras are allowed in **isolation zone**.
- ▶ Respect **climbing gear regulations**: The whole body must be covered, including gloves, and helmet!
- ▶ Climbing gear must be complete and in accordance with ICICC regulations (helmet and harness in accordance to UIAA standard); if you are not sure ask BEFORE the competition.
- ▶ The size of Crampons and spurs as well as Ice axes must be in accordance to the dimensions of the wooden box made for that purpose (see Ice Climbing UIAA Rules Chapter 9 – Annexes).
- ▶ The loss of any part of a gear (helmet, glove, ice pick) means the end of climbing!
- ▶ Don't forget your **starting number**.
- ▶ After finishing the attempt **return the starting number**

3. Competition – climbing

- ▶ **Starting and finish point** are marked **BLUE**.
- ▶ **Start** is considered when one ice axe leaves the starting point.
- ▶ **Finish** is considered to be reached when all quick draws are clipped (incl. the last one) **and** both ice axes are in the blue finish point or on blue finish hold.



- ▶ Clip the quick draws **sequentially!** You may clip back as long as you don't climb back!
- ▶ Respect the **red lines and boundaries of the structure.**
- ▶ **Don't use:** the edges of the structure, cracks between plates and /or screw holes.
- ▶ **Ice axes may only be used by hands and arms** and may not be used on one another.
- ▶ Do not **attach ice axes** to the harness or to another ice axe!
- ▶ **No swinging with ice axes in dry tooling section** (use the holds only), touching the structure and/or holds with hands is allowed (but not the edges of the structure).
- ▶ **Touching/using/hitting outside or in the red line:**
 - Hitting/kicking with ice axes outside or in the red line: **OUT**
 - Stepping outside or in the red line: **OUT**
 - Hitting or touching outside the line with any part of the body in the way that it stops or advances your movement: **OUT**
 - Touching outside the line with your body/ice axes without using the hold or step: **OK**
- ▶ **Broken ice** or rock is **not** a technical incident
- ▶ **Broken hold is** technical incident, the competitor must claim it **immediately** and NOT after having climbed the route.
- ▶ **Zone is valid** if **both** ice axes are in the zone or one ice axe is in the zone and the one is in the air. The same is valid for the holds. Touching the next hold brings +, holding the next hold brings ++ (valid for leading, not boulder!). That means that a competitor should take out the lower tool if it is still in the lower zone or hold to improve his/her position!
- ▶ **Speed competition:** A fall during an attempt in qualification round means the **disqualification** and the competitor gets no result **and** no points!

4. Results

- ▶ If two competitors are equal in final or semifinal round, the result from previous round (semifinal or open) determines the relative positions of the two competitors. Only if they were equal in all previous rounds, they are positioned on the same place.
- ▶ If the judge is not sure that a competitor has made a mistake, the judge may allow the climber to climb further on the route. In this case, after observing the recorded video, the valid result may become the height that the competitor reached when he/she (de facto) made the mistake.



5. Anti Doping

- ▶ Competitors are obliged to “Play True” and not to use any doping substance and abide by the UIAA Anti Doping Rules & Regulations.
- ▶ UIAA has signed the WADA Anti Doping Code and encourages clean ice climbing sport. Thus, ice climbing competitors are encouraged to follow WADA Anti Doping Guidelines for Prohibitive List of doping substances as well as Therapeutic Use Exemption (TUE).

6. Appeal procedures

- ▶ All official appeals must be written in English language within 30 minutes after finishing the official results and given to the President of the Jury by the team leader or by the competitor if there is no team leader!
- ▶ The appeal deposit of 100 EUR must be paid when submitting the official protest.



This is only a short summary from the official UIAA regulations; this is not a comprehensive list of rules and regulations!

By reading this summary the athletes are not excused from reading the whole official document.