



**UIAA – UNION INTERNATIONALE DES ASSOCIATIONS D’ALPINISME**  
**THE INTERNATIONAL MOUNTAINEERING AND CLIMBING FEDERATION**  
**UIAA YOUTH COMMISSION**  
**CLUB ALPINO ITALIANO (CAI)**

**UIAA Youth “ *green-water trekking week*” in Valsesia – Italy, 6 - 13 July 2003**

On behalf of the UIAA Youth Commission, the Club Alpino Italiano (CAI) is pleased to invite the youth member of the UIAA associations to the international youth “green-water trekking week” in Valsesia – Italy.

- Date:** 6 - 13 July 2003
- Place:** Valsesia: the greenest and purest valley at the foot of Monte Rosa Massif in Piemonte - Italy.
- Objective:** Adventure and great experiences interchange with new friendships. The sporting activities offered range from trekking itinerary and climbing the cliff of Fervento, the most inspiring of water sports kayak to rafting and white water rafting. Visit to the village and museum Walser.
- Organizer:** Commission Central Youth alpinism and Varallo section of the CAI.
- Target group:** 15 to 18 year-old from all over the world (max 3 participants and 1 accompanying youth leader per association) with mountaineering experience and very interested in the subject. Max 25 participants.
- Accommodation:** Camping sites, mountain huts, youth hostel.
- Boarding:** Full board and lunch bag for the excursions.
- Meeting Point:** Sunday 6 July 2003, 10:00-12:00 at the railway station in Varallo.
- Departure:** Sunday 13 July 2003 at Varallo.
- Equipment:** Rucksack, mountaineering boots, summer high mountain clothes, sleeping bag, tennis shoes, bathing and knee-sock of wool for the river descent, personal wash accessories, cloak for rain, climbing shoes and harness.
- Costs:** Euro 150 per participant, payable on arrival to the organizer in Valsesia.
- Registration term:** Ending 22 June 2003.

**Additional information and registration:**

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# Green-water Trekking week

## Valsesia – 6 / 13 July 2003

### Plan:

#### Sunday, July 6th:

- ✓ Arrival of the participants at the railway station of Varallo. Expected time: from 10:00 to 12:00
- ✓ Welcome lunch at a local restaurant
- ✓ Visit of the Varallo CAI site and the famous Holy Mountain of Varallo
- ✓ Settlement at the “Youth Hotel” in Varallo
- ✓ Meeting with leader people
- ✓ Dinner
- ✓ Evening dedicated to introduction, presentation and planning: “Welcome party”.

#### Monday, July 7th:

- ✓ Breakfast
- ✓ Trekking start: Rima - Val Sermenza, visit at the “Gipsoteca Pietro della Vedova” Museum : art of marble sculpture
- ✓ Lunch and dinner: traditional typical dishes
- ✓ Meeting all together and with the leader people
- ✓ Night rest at the Rima G.T.A.

#### Tuesday, July 8th

- ✓ Breakfast
- ✓ Trekking: G.T.A. Colle Mud / Pedemonte of Alagna path
- ✓ Picnic lunch
- ✓ Visit at the Walser Museum of Pedemonte
- ✓ Meeting all together and with the leader people
- ✓ Valsesia typical dinner
- ✓ Night walk
- ✓ Night rest at the Rifugio Pastore (alpe Pile)

#### Wednesday, July 9th

- ✓ Breakfast
- ✓ Trekking: Alpe Fondecco: “wonderful visit at the Monte Rosa massif” in the Alta Valsesia Natural Park
- ✓ Lunch at the Rifugio Crespi Calderini (alpe Bors)
- ✓ Touristic visit of Alagna, Rivavaldobbia – Valsesia craftsmanship of woodwork and stone
- ✓ Disco-party evening UIAA at Piode
- ✓ Camping at Scopa

#### Thursday, July 10th

- ✓ Breakfast
- ✓ Morning and afternoon: theoretical and practical lessons for river descent. A rotation of various styles and disciplines will be shown
- ✓ Picnic lunch
- ✓ Barbecue near the river, bonfire, songs...
- ✓ Meeting all together and with the leader people
- ✓ Camping at Scopa

#### Friday, July 11th

- ✓ Breakfast
- ✓ Morning and afternoon: theoretical and practical lessons for river descent: rafting, kayak, canyoning
- ✓ Picnic lunch
- ✓ *Intercultural UIAA dinner*
- ✓ Meeting all together and with the leader people
- ✓ Camping at Scopa

#### Saturday, July 12th

- ✓ Breakfast
- ✓ Whole day dedicated to climbing and games in the Ronco/Fervento falesie (Sermenza Valley)
- ✓ Picnic lunch
- ✓ *Special convivial moment, final party*

- ✓ Checking, considerations, comparison moments
- ✓ Night rest at the “Youth Hotel” in Varallo

Sunday, July 13th

- ✓ Breakfast
- ✓ Goodbye, leaving

NOTES:

- ✓ All the participants will receive:
  1. Promotional stuff about local informations and groups, a Valsesia map, the program of the green-water week
  2. Certificate and photo of participation at the Valsesia UIAA trekking
  3. Souvenir Trek Friends Valsesia UIAA (t-shirt)
- ✓ All days will take place checking, considerations, comparison moments, as well as intercultural exchanges... experiences and beliefs will be spread among all the involved people.
- ✓ Videomovies, CD, photographs, log-book, mailbox will be realized.

Valsesia – 6 / 13 July 2003

**REGISTRATION FORM**

**Association:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**Phone:** \_\_\_\_\_

**Fax:** \_\_\_\_\_

**E-Mail:** \_\_\_\_\_

**Participants:**

Nr.	Name and Family Name	Date of birth	Address	Phone/Fax/E-Mail
1.				
2.				
3.				
4.				

**Arrival information**

train       plane       car       other

**date:** \_\_\_\_\_ **time:** \_\_\_\_\_ **place** \_\_\_\_\_

**Fragen** \_\_\_\_\_

**Date:** \_\_\_\_\_ **Signature:** \_\_\_\_\_

**Please send this registration form back to the CAI**

-Youth Commission alpinism Sez Varallo of the CAI

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**No later than 22 June 2003**