



Romanian Alpine Club  
Clubul Alpin Roman – Filiala Cluj



UIAA  
Youth Commission

**Romanian Alpine Club & UIAA Youth Commission**  
**International Mountaineering and Climbing Camp**  
**Chamonix, France – September 8-18, 2024**



The main purpose of the camp is to acquire basic techniques in various terrains: rock (classic and traditional), glacier trekking, mixed terrain, crevasse rescue.

**Date:** September 8-18, 2024

**Location:** Chamonix, France

**Staff/Instructors:** Cosmin Andron, UIAGM Guide & Cristina Pogacean, UIAGM Guide

**Participants:** Young people aged 18-30. Maximum 8 spots, of which 2 are reserved for CAR (Romanian Alpine Club)

**Level:** Beginners

**Requirements:** Participants must be familiar with basic knots, anchors, movement with crampons and ice axe.

**Insurance:** Participants must provide proof of valid insurance for accidents, rescue, travel, and third-party liability. Insurance will be checked upon arrival.  
**Entry Documents:** Participants are solely responsible for the validity of entry documents into France.

**Price:** 600 euros per participant, an advance payment of 200 euros will be transferred via bank transfer to confirm registration. The price does not include accommodation, meals, and transportation.

**Deadline for registrations: 15<sup>th</sup> of April**

**Registration link:** [International Mountaineering and Climbing Camp - Registration Form](#)



### Itinerary:

Day 0: Arrival in Chamonix / accommodation / itinerary briefing

Day 1: (or arrival in Chamonix) visit to the Alpine Museum, visit other relevant sights (we can discuss if ENSA, PGHM, etc.), afternoon briefing and theory (at accommodation - ideally in a common space adapted) 1:8

Day 2: Rock fundamentals (1) - moderate terrain 1:4

Day 3: Rock fundamentals (2) - intro to trad climbing 1:4

Day 4: Snow travel and glacier trekking 1:4

Day 5: Mixed terrain fundamentals 1:4

Day 6: Crevasse rescue 1:4

Day 7: Individual program / alternative organized by students

Day 8: Individual program / alternative organized by students

Day 9: Individual program / alternative organized by students

Day 10: Conclusion of CAR program / individual program or return home

Number of days in the proposed formula: 9

Number of days with UIAGM guide: 55

Number of days of related activities organized by CAR (mtb, tandem, hike, etc.): 2

Kindly be aware that participants are responsible for covering their own expenses related to transportation, accommodations, and miscellaneous during the event.

**Contact:** Catalin Danila (CAR Filiala Cluj):

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